

1. Stovetop: Combine beeswax and hemp oil in saucepan over low heat, stirring frequently until just melted. Remove from heat immediately.

Microwave: Place beeswax and hemp oil in a microwave-safe bowl. Heat for 5 seconds, stir, and repeat until melted. Do not overheat!

INSTRUCTIONS

BEFORE YOU BEGIN

It is SO IMPORTANT to sterilize anything that will touch your lotion with the sanitizer included in your kit. Spritz each bowl/utensil/etc. generously and wait until dry before using. Don't forget the inside of the pump bottle!



LOTION
How to make
- revival homestead supply -

Pour melted oils into blender or mixing bowl and mix in intervals of 10 sec. each minute until it starts to thicken, becoming more viscous and slightly opaque.

MEANWHILE, prepare water. Measure by filling empty hemp oil bottle to guide line with water. Heat on stove or in microwave until boiling to sterilize. Cool until water feels like bath water (100°F)

With your oil mixture creamy and your water feeling like hot tap water, they should be both about 100°F. If you have a thermometer, use it now to ensure your water and oil are both 100°F, give or take 5°F.

Add 1 Tbsp of water to your oil mixture. Pulse with blender or electric mixer on a low setting, or whisk vigorously until combined.

6. Repeat step 5 until all water has been incorporated, occasionally scraping sides of bowl or blender with a rubber spatula to ensure all the oils are being incorporated.

7. Add 40 drops of your favorite essential oils (optional).

8. Give it one last good long mix.

9. Transfer finished lotion to sanitized pump bottle (here's where you might want a funnel!)

Store at room temperature and use within 3 months

-or-

refrigerate and use within 1 year

QUESTIONS?

Creative variations, tips and tricks, do's and don'ts, and even more lotion know-how available on our website.

revivalhomesteadsupply.com/lotion

PRESERVING LOTION

You should know that mold and bacteria LOVE water. 100% oil based body products like lip balm are not susceptible to mold or bacterial growth, but once you add water to the mix, you MUST take care not to invite these microscopic spoilsports to the party.

Store-bought lotion stays mold free with chemical preservatives, but we at Revival (and millions of other like-minded folks around the globe) have grown skeptical about the benefits of slathering chemicals all over our skin.

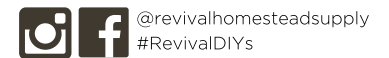
We choose to make an all natural lotion, free of synthetic chemicals. Instead, we take preventative measures to keep it squeaky clean. With this kit you will sterilize all your utensils and store it in a pump bottle to prevent introducing bacteria into your lotion.

CLEANING UP

There's no need to fear using your good cooking dishes for this project, but your dishes could be a pain to clean if you don't do it right. Follow these steps to make clean up a breeze:

1. Using a rag or paper towel, wipe down all your dishes, removing as much of the oil and lotion remnants as you can.
2. Wash with dish soap and hot water.

SHOW US YOUR LOTION!



-or-

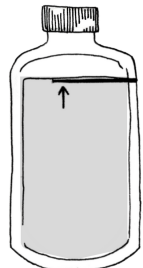
Email help@revivalhomesteadsupply.com for personalized answers to all your questions!

www.revivalhomesteadsupply.com

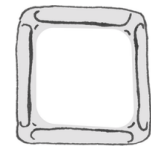


sanitizing spritz

IN THIS KIT



99 mL hemp oil



8 g beeswax



8 oz glass lotion pump

In addition to the contents of this kit

you will need:

- water
- saucepan and stove, or microwave
- rubber spatula
- blender, electric mixer, or whisk

you may want:

- kitchen thermometer
- funnel
- 40 drops essential oils